

# 4<sup>th</sup> Grade Parochial League Basketball Rules

## PLEASE KEEP AT SCORER'S TABLE FOR ALL GAMES

### Length of Play

Two 20-minute halves. Running clock until last 2 min of each half. Overtime is 2-1/2 minutes.

### Press Rule

No press. Pick up the ball at half court or the 3-point line (coach's discretion).

### Basketball Size

Use the 28.5" women's ball

### 3 pointers

Not allowed

### Fouls

A player fouls out after 5 fouls and cannot return to the game.

### Playing time

Players are to play the equivalent of 1 half (20 min). If you have more than 10 players, players should be given equal playing time. Equal playing time must be given to all players in Overtime as well.

### Time Outs

5 per game

3 – one-minute timeouts

2 – 30 second timeouts

**NOTE:** Coaches need to inform the Referee if they are taking a one minute or 30 second timeout. Coaches may call time outs from the bench

### Players – Co Rec Rules

\*\*There should always be a minimum of 2 girls on the court per team\*\*

- Boys can sub for girls and girls can sub for boys as long as the minimum is kept up.
- If you only have 2 girls playing that day due to injury, illness, or eligibility, then at least 1 girl should be on the court the whole game, and in that case the girl will sub for the other girl.
- If a team has 2 or less girls, the coach needs to notify the opposing coach prior to the game to let them know.
- If a team has more than 2 girls, they should try to play more girls, if possible, and not just the minimum amount.

### Free Throw Rule

Players can move into the lane when the shooter releases the ball. Shooters are encouraged to stand behind the FT line, but if they cannot, they can move up. Violations for going over the FT line will **NOT** be enforced.

### New Free Throw Rule for 2023

Team fouls get reset each quarter rather than each half. There are no longer 1 and 1 Free Throws. On the 5th foul (and every non-shooting foul after) of the Quarter, 2 FTs will be given to the player fouled. Team fouls reset to 0 after each quarter. IHSA adopted this from Women's Basketball in 2023.

### Free Throw Lane Space

Only 3 offensive players may line up in the spaces, including the shooter. Offensive players can only have 2 players lined up, but the defensive team may have up to 4 players. The 1st space closest to the basket must be left open.

### Overtime Play

In the event that the score is tied after the second half, play will continue with 2-1/2 min periods. Fouls DO NOT reset for players, and players that have fouled out are not allowed back into play. Unused time outs carry over into overtime play. An additional one-minute time out is given to each team.

### Referees

A referee will be assigned to each game. The Ref is encouraged to explain a rule or clarify a situation to players. This is a development league.

### Minimum # of Players

All teams must start with 5 players but are permitted to end the game with fewer than 5 players, according to IHSA rules.

### Code of Conduct Enforcement/Sportsmanship

It is the responsibility of the officials to enforce the rules of the game by informing the players, coaches, and spectators at each game to act in a proper, Christian, and respectful manner at all times. For those breaking any rules, the officials should call a "technical" or eject them from the gym. There must be a person in charge of the gym for all Home games – AD, Principal, or designated person in charge. The AD, Principal or person in charge present should assist in enforcing the code of conduct. The AD, Principal, designated person in charge, and/or referee(s) has the right to ask anyone to leave the gym. **\*\*A designated person in charge must be over the age of 21 and have completed any and all necessary training mandated by the Diocese.**

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### Additional Rules

1. Players must leave the game immediately when he/she has fouled out. No antics will be tolerated.
2. There is a 14 ft. coaching box. Only the head coach can stand up in the box.
3. Ineligible players may not dress in their uniforms, and they cannot sit on the bench with their team.
4. Non-players are not allowed to shoot before games, at halftime, or after the game. Only players that are playing in the game may shoot.
5. No outside balls are to be brought and used during games.
6. Please tell families not to show up more than 30 minutes before the first game as the Home team needs to get the gym ready.
7. Officials are to be paid \$30 per game. Officials must complete the sportsmanship form before any pay is given to them. THIS IS A MUST! In the event a different ref is there than is on the check, the AD will get that ref's name, address, and phone number to submit to their check writer.
8. Noisemakers are not allowed.

### **Reminders regarding Parochial League Basketball:**

- Admission Prices: \$5.00 Family, \$2.00 Adults, Seniors, and Students, \$1.00, Children 5 and under FREE.

### **IHSA Basketball Rules to be followed:**

1. When officials call for captains prior to the beginning of the game, head coaches from both teams must be included in this conference.
2. Jerseys must be tucked in. Officials may call a technical foul on any player after repeated warnings. Players can be ejected from the game if they do not comply with this rule.
3. No jerseys can be removed in the confines of the gym, no matter if the player is ejected or fouls out of the game, or even if it is a blood-related situation.
4. Head coaches are the only coaches that may address the officials. Head coaches are the only coaches allowed to stand up. All other coaches must remain seated. 1st offense: A Warning  
Second Offense: Technical foul. The first offense could result in a technical foul if the official thinks the action is flagrant.
5. Coaches may not yell at the officials during games or timeouts. First offense: Technical foul and there is a possibility of ejection depending on the situation.
6. On a double foul, the officials will give the ball to the team that had established control when the infraction occurred. Do not change the possession arrow.
7. Defensive players cannot talk or use any arm movements while free throw shots are being administered by the officials. If this occurs, a violation will be called on that player.
8. If there is any blood, the player must leave the confines of the playing area and must be accompanied by an adult.
9. **Any questions regarding these guidelines, contact the Athletic Director at your school.**